

Sesshins at the temple
Yujo Nyusanji
Sesshin of the South
October 3 to 4

	Price
	Full Reduced
Sesshin	110 € 85 €

Autumn Camp
October 29 to November 1st
1 day of preparation, 2 days ½ of sesshin

	Price
	Full Reduced
Full camp	220 € 168 €
Sesshin	165 € 126 €

Winter Camp
December 28 to January 1st
night sesshin: 30-31 – New Year's Eve: 31 December

	Price
	Full Reduced
Session	275 € 215 €
Session without NYE	165 € 126 €
Sesshin	110 € 85 €
Sesshin + NYE	170 € 130 €

Winter's End Sesshin
February 20 to 21

	Price
	Full Reduced
Sesshin	110 € 85 €

Easter Sesshin
March 26 to 29
1 day of preparation, 2 days ½ of sesshin

	Price
	Full Reduced
Session	220 € 168 €
Sesshin	165 € 126 €

Spring Camp
May 6 to 9
1 day of preparation, 2 days ½ of sesshin

	Price
	Full Reduced
Session	220 € 168 €
Sesshin	165 € 126 €

Dojo Montpellier at the temple
June 6

	Price
	Full Reduced
50 €	40 €

Sesshin of the Kesa
June 17 to 20

	Price
	Full Reduced
Per day	55 € 42 €

Samu at the temple
5 hours of samu per day, zazen at 7 h and 19 h every day except Sunday (1 zazen) and Monday. Fuse (free contribution). One week per month. Contact Richard Férét
☎+33 6 81 83 43 83.

Zazoom
24h of worldwide online zazen - led by the Zazoom team

zazoom.org

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Chile - Mexico
With Master Soko Leroux
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zenchile.cl
Mexico
zenmexico.org
info@zenmexico.org

Quebec
Monthly full-day zazen session
dojozen.com
info@dojozen.com
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Legend
■ day of preparation at the temple
■ day of sesshin at the temple
☞ public holiday
● full moon
○ new moon
○ first quarter
○ last quarter

Kosen Sangha 2026-2027

zen-deshimaru.com



2026				2027							
Sep.	October	November	December	January	February	March	April	May	June	July	August
1 Tu	1 Th	2 Su Autumn Camp Kosen Férét	1 Tu	2 Fr Winter Camp Jomon Julien	1 Mo	1 Mo	1 Th	1 Sa	1 Tu	1 Th	1 Su Rest
2 We	2 Fr Arrival	2 Mo	2 We	2 Sa	2 Tu	2 Tu	2 Fr	2 Su	2 We	2 Fr	2 Mo Summer 2nd session Ryurin Desmur
3 Th	3 Sa South Hoabin Capelle	3 Tu	3 Th	3 Su	3 We	3 We	3 Sa	3 Mo	3 Th	3 Sa	3 Tu
4 Fr	4 Su	4 We	4 Fr	4 Mo	4 Th	4 Th	4 Su	4 Tu	4 Fr	4 Su	4 We
5 Sa	5 Mo	5 Th	5 Sa Barcelona Soko Leroux	5 Tu	5 Fr	5 Fr	5 Mo	5 We Arrival	5 Sa Arrival	5 Mo	5 Th
6 Su	6 Tu	6 Fr	6 Su	6 We	6 Sa	6 Sa Lyon Kosen Férét	6 Tu	6 Su Dojo Montpellier at the temple Mokuko Matvotti	6 Tu	6 Tu	6 Fr Arrival
7 Mo	7 We	7 Sa	7 Mo	7 Th	7 Su	7 Su	7 We	7 Fr Spring Camp Dokusan Loophans	7 Mo	7 We Temple samu	7 Sa
8 Tu	8 Th	8 Su	8 Tu	8 Fr	8 Mo	8 Mo	8 Th	8 Sa	8 Tu	8 Th	8 Su Summer 3rd session Gyuji Igelnick
9 We	9 Fr	9 Mo	9 We	9 Sa	9 Tu	9 Tu	9 Fr	9 Su	9 We	9 Fr	9 Mo
10 Th	10 Sa	10 Tu	10 Th	10 Su	10 We	10 We	10 Sa	10 Mo	10 Th	10 Sa	10 Tu
11 Fr	11 Su Inauguration dojozenantony.fr Gyuji Igelnick	11 We	11 Fr	11 Mo	11 Th	11 Th	11 Su	11 Tu	11 Fr	11 Su	11 We Party
12 Sa	12 Mo	12 Th	12 Sa	12 Tu	12 Fr	12 Fr	12 Mo	12 We	12 Sa	12 Mo	12 Th Rest
13 Su	13 Tu	13 Fr	13 Su	13 We	13 Sa Sesshin du Kesa Amsterdam Jomon Julien	13 Sa	13 Tu	13 Th	13 Su	13 Tu	13 Fr
14 Mo	14 We	14 Sa	14 Mo	14 Th	14 Su	14 Su	14 We	14 Fr	14 Mo	14 We	14 Sa Summer 3rd session Gyuji Igelnick
15 Tu	15 Th	15 Su	15 Tu	15 Fr	15 Mo	15 Mo	15 Th	15 Sa	15 Tu	15 Th	15 Su
16 We	16 Fr	16 Mo	16 We	16 Sa	16 Tu	16 Tu	16 Fr	16 Su	16 We	16 Fr Arrival	16 Mo
17 Th	17 Sa	17 Tu	17 Th	17 Su	17 We	17 We	17 Sa Dijon Senki Gruau	17 Mo	17 Th Sesshin of the Kesa Seisen Wassermeyer and Kosen Férét	17 Sa	17 Tu
18 Fr	18 Su	18 We	18 Fr	18 Mo	18 Th	18 Th	18 Su Arrival	18 Tu	18 Fr	18 Su Summer 1st session Senki Gruau	18 We Temple samu
19 Sa	Zazoom 24h	19 Mo	19 Th	19 Sa	19 Tu	19 Fr	19 Mo	19 We	19 Sa	19 Mo	19 Th
20 Su	20 Tu	20 Fr	20 Su	20 We	20 Sa Winter's End Myokan Harrais	20 Sa	20 Tu	20 Th	20 Su	20 Tu	20 Fr
21 Mo	21 We	21 Sa	21 Mo	21 Th	21 Su	21 Su	21 We	21 Fr	21 Mo	21 We	21 Sa
22 Tu	22 Th	22 Su	22 Tu	22 Fr	22 Mo	22 Mo	22 Th	22 Sa	22 Tu	22 Th	22 Su
23 We	23 Fr	23 Mo	23 We	23 Th	23 Tu	23 Tu	23 Fr	23 Sa	23 We	23 Fr	23 Mo
24 Th	24 Sa	24 Tu	24 Th	24 Sa	24 We	24 We	24 Sa	24 Mo	24 Th	24 Sa	24 Tu
25 Fr	25 Su	25 We	25 Fr	25 Mo	25 Th	25 Th	25 Su Arrival	25 Tu	25 Fr	25 Su	25 We Zen y playa Soko Leroux
26 Sa	26 Mo	26 Th	26 Sa	26 Tu	26 Fr	26 Fr	26 Mo	26 We	26 Sa	26 Mo	26 Th
27 Su	27 Tu	27 Fr	27 Su	27 We	27 Sa	27 Sa	27 Tu	27 Th	27 Su	27 Tu	27 Fr
28 Mo	28 We	28 Sa	28 Mo	28 Th	28 Su	28 Su	28 We	28 Fr	28 Mo	28 We	28 Sa
29 Tu	29 Th	29 Su	29 Tu	29 Fr	29 Mo	29 Mo	29 Th	29 Sa	29 Tu	29 Th	29 Su
30 We	30 Fr	30 Mo	30 We	30 Sa	30 Tu	30 Tu	30 Fr	30 Su	30 We	30 Fr	30 Mo
	31 Sa		31 Th	31 Su		31 We		31 Mo		31 Sa	31 Tu

The summer camp at temple Yujo Nyusanji

Session	Master	Dates	Schedule (days)		Sesshin
			Preparation	Rest	
1st	Frédéric Senki Gruau	July 17 to 25	5	1	2 ½
2nd	Christophe Ryurin Desmur	July 27 to August 4	5	1	2 ½
3rd	Ingrid Gyuji Igelnick	August 7 to 16	5	1	3 ½, ordinations (to be confirmed)

Contact

Temple Yujo Nyusanji
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The summer camp at temple Shobogenji in Argentina

Session	Master	Dates
1st	Ariadna Dosei Labbate	January 5 to 13
2nd	Françoise Jomon Julien	January 15 to 23
3rd	Toshiro Taigen Yamauchi	January 26 to February 4

zen-deshimaru.com.ar

Sessions and sesshins are paid in full, from the first to the last day – registering for the preparation of a session alone is not possible. For any exception, send a justified request to contact@zen-deshimaru.com.

Sources : git@github.com:zeneshimaru/lives-latex.git. Révision f5ce17a

Teaching the dharma

Master Kosen (1950–2025), 83rd patriarch of Zen Buddhism, was the successor and heir of the dharma of Master Taisen Deshimaru. The teaching now continues with the certified masters of the Kosen Sangha: Pierre Soko Leroux, Christophe Ryurin Desmur, Loïc Kosho Vuillemin, Paula Reikiku Femenias, Ingrid Gyuji Igelnick, Françoise Jomon Julien, Ariadna Dosei Labbate, Toshiro Taigen Yamauchi, Richard Kosen Féret, Frédéric Senki Gruau and Paul Dokusan Loomans, together with Master Barbara Kosen, codisciple of Master Kosen, and the senior disciples of the sangha.



Yujo Nyusanji zen temple

Leave the Castle and Enter the Mountain. Master Kosen's temple stands in the Regional Park of Haut Languedoc, among the Caroux mountains, a magnificent and unspoilt place at 800 metres altitude. Two rivers and many forests surround it; it has become a major centre of Zen practice in Europe.

Sesshin

Sesshin means "touching the spirit". Participants in these spiritual retreats live at the rhythm of the zen temples: several zazen periods a day, meals and traditional ceremonies, as well as samu. Beginners, monks and nuns alike deepen their zazen practice there under the guidance of a teacher. Arrive the evening before the session, from 18 h. Preparation samu starts at 18 h.

Registration and payment

Register at least one week in advance at zen-deshimaru.com. Payment:

- By bank transfer — iban: FR76 4255 9100 0008 0035 9417 710; bic/Swift code: CCOPFRPPXXX.
- On arrival at the temple.

"Ango: settle in peace."

The summer camp

In Japan, Ango refers to a tradition dating back to the Buddha's time. It was a period of shared practice that brought the whole Sangha together around the Buddha during the summer rainy season.

- A period of preparation lasting 5 days, a day off, then a sesshin (period of more intensive practice).
- Teachings in the dojo (kusen).
- Samu: zen kitchen, garden, maintenance, sewing of the kesa (the robe of nuns and monks).
- Various related activities: yoga...

You arrive on the evening before each session. A session ends on the last day after lunch.



Permanent staffers at the summer camp

'Permanent staffers' are involved in the organisation and running of the entire camp. They arrive the day before the camp starts and leave the day after it ends. To join the team of permanent staffers, send an e-mail to contact@zen-deshimaru.com at least one month before the beginning of the camp.

Summer camp prices

	1st or 2nd session	€470 / 375*
	1st or 2nd sesshin	€175 / 145*
	3rd session	€525 / 420*
	3rd sesshin	€235 / 190*
	Permanent staffers	€675
Full price/ limited means)	& super-permanent staffers	
	Under 26 years, one session	€200
Days between sessions	Practitioners: night and breakfast	€8
	Practitioners: lunch and/or dinner	€8
	Permanent staffers	Fuse
Children	0 to 3 years	Fuse
	4 to 8 years	30% of adult price
	from 9 years	50% of adult price
Ordination	Nuns and monks	€160
	Bodhisattvas	€100
Permanent staffers	Late arrival or early departure	€16 per day
Annual ABZD membership		€3

* For those with very limited means.
A fuse is a free contribution. If you register for two sessions, you get a 10% discount on both.

By public transport

The nearest town accessible by public transport is Lamalou-les-Bains. The bar *Le Belleville* is a meeting point for carpooling. Buses serve Lamalou from Montpellier (Mosson station, see tam-voyages.com) or from Bédarieux (station). You can reach Bédarieux by train or bus from Béziers station. See rome2rio.com.



Carpooling

After registering for an activity, the confirmation e-mail gives you access to app.caroster.io to organise and share your journeys.

By car

Via the D 908 road (Orb valley, between Saint-Pons and Bédarieux). Via Hérépian: take the D 13 towards Saint-Gervais-sur-Mare, turn left towards l'Horte, then right onto the D 22 as far as the Col de la Pierre Plan-tée. Then follow Rosis, pass through the village and follow the direction of Douch. After the hamlet *Le Cabaret*, a sign on the right indicates the temple. See tinyurl.com/templecaroux.

By taxi from Lamalou-les-Bains

Taxi Alboh: +33 7 71 74 72 79 (about €35).



Car park

Do not park right at the entrance to the buildings. To keep access clear, after unloading your luggage, go back up the dirt track and park your vehicle in the car park, on the left of the road to the hamlet of Douch.

Samu

Samu means *doing things* and *things to do*. Work for the temple and the community is an integral part of the practice.



"Zen is zazen."

Stay at the temple

Live at the traditional rhythm of the temples (4 hours of samu and 2 zazen periods a day). All year round, for the duration of your choice — **16 € per day**. contact@zen-deshimaru.com

Weather

Bring a zafu, a sleeping bag, warm clothes and rain gear, even in summer.

